



Lesson Plan



FCR 5: Camp Accommodation		CSGT S. Fraser	40 minutes (full lesson) Practical Lesson
LESSON TO BE CONDUCTED OUTDOORS			
Preparation			
Training Aids/Resources: (for a class of 30)			
Hutchies x10			
Cord x10 (long enough to only require one per hutchie)			
Tent pegs x100			
Ground sheet x10			
SQN tents x10			
References:			
<ul style="list-style-type: none"> FCR Syllabus 2017 v1.0 			
Set up of Lesson:			
<ul style="list-style-type: none"> Circle of discussion, outdoors, where all cadets are in a position which they can see the demonstration of the assembly of hutchies/SQN tents 			
Introduction			
1	Objectives: a. Demonstrate the erection and dismantling of the Australian Defence Force Shelter - Individual ('hutchie') including both one-person and two-person variants; b. Demonstrate the erection and dismantling of individual or two-person tents issued at Squadron level (where available).		1 min
2	Prior Knowledge Check: N/A		
3	Reason for Learning/Motivation: Learning to set up accommodation properly while in the field is essential to stay dry, warm and protected from the elements, to ensure a decent night's sleep.		1 min <<Aid 2>>
Development			
4	<p>Demonstrate the erection and dismantling of 1&2 man hutchies</p> <p><i>*Instructor to demonstrate while explaining the following procedure, for a x1 man hutchie set up*</i></p> <p>Find and clear a suitable area:</p> <ol style="list-style-type: none"> No ants nests Watch out for hills/valleys Rocks Deadfall <p>Lay down ground sheet (nice and flat)</p> <p>Use occy straps or hutchie cord, tie through loops in centre and attach to two trees</p> <p>Peg down sides leaving a door on corner</p> <p>Q1 – What are some factors to consider when finding a suitable area for assembly? No ants nests, watch out for hills/valleys, rocks, deadfall</p> <p>Q2 – What can we use instead of hutchie rope/cord? Occy straps, (instructor to initiate brief safety discussion around the use of these, to be further elaborated in consideration/notes below)</p>		12 mins Hutchie x10 Cord x10 Tent pegs x100 Ground sheet x10



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5	<p>Considerations/notes:</p> <p>Instructor to elaborate on types of shelters that can be set up using a hutchie – eg. A-frame, lean-to, etc</p> <p>1. When erecting the hutchie, the following requirements must be considered:</p> <ul style="list-style-type: none"> a. The safe use of ‘occy’ straps, warn of dangers when removing the hooks, this poses safety hazards, including injuries to someone’s face or head, as well as permanent blindness. Eye injuries are caused by an occy strap whipping back into the user’s face while being hooked or unhooked from item. Stay safe when using occy straps, as misuse can lead to serious risk of injury to your eyes or face if you’re not careful. b. The height of the shelter should be no higher than the waist, and a gap from the ground must be provided. c. Securing the shelter to objects by tying off with a quick release knot such as a bowknot allows the shelter to be dropped quickly. d. When dismantling any shelter, ensure that the area is refurbished, drainage ditches are covered, and that no rubbish is left. e. Use of the buddy system is recommended, as it enables work to be completed quicker and more efficiently, and encourages and develops teamwork. f. Do not sleep under any vehicles, and do not tie off/attach shelter to any vehicle. g. When operating with vehicles, avoid erecting shelters on existing tracks and areas where vehicles may be moving around or where refuelling vehicles may be used at any time. Sleep near a large object so that any vehicle will be forced to avoid. h. If pegs are not available, sticks can be used as an alternative <p><Activity 1></p> <p>Instructor to demonstrate, followed by asking cadets to assemble a hutchie</p> <p>A1 – <i>Class to assemble hutchies – groups of 2-3 cadets</i></p>	4 mins
6	<p>Demonstrate the erection and dismantling of SQN tents</p> <p>1. When erecting a SQN tent, the following requirements must be considered:</p> <ul style="list-style-type: none"> a. Site the area as per previous instructions. b. Unpack and separate the contents of the carry bag. c. Assemble the two lines of fiberglass poles. d. Peg out the inner tent using the four peg down points, checking the floor is of an even tension without wrinkles. e. Slide one pole through the sleeve on the roof and then put the end into the ring and pin on the same side and attach the clips to the pole. Repeat for the other side of the tent. The tent should now be standing up. f. Lay the fly flat. Note that there are touch-tape tabs on the inside of the fly. Place the fly over the inner tent. Inside the fly, wrap the touch-tape tabs around the poles and press the tabs together. Connect buckle clips on fly to buckle on inner tent. g. Peg out all remaining anchor points including the entrance and all guy ropes for weatherproof security. 	12 mins SQN tents x10 Tent pegs x100



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	<p><u>Repack into bag:</u></p> <ol style="list-style-type: none"> 1. Lay out the fly in a roughly rectangular shape. 2. Fold it towards the centre along the long axis until the width on the folded rectangle is equal length to the length of the folded poles in the carry bag. 3. Repeat step 2 for the inner tent. 4. Place the folded fly on top of the folded inner tent and using the poles in their carry bag as a rolling pin, roll up the tent and fly around the poles. 5. Pack into carry bag. <p><Activity 1> Instructor to demonstrate, followed by asking cadets to assemble a SQN tent A1 – <i>Class to assemble SQN tents if available – groups of 2-3 cadets</i></p>	
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Conclusion

7	<p>Testing: <u>Ask class if they have further questions</u></p> <ol style="list-style-type: none"> 1. What are some considerations when selecting a site to set up a shelter? No ants nests, watch out for hills/valleys, rocks, deadfall 2. Where should you never set up a shelter? Under a vehicle, on a hill, see question above 3. What are the two types of shelters that can be set up using an individual shelter (hutchie)? A-frame, and lean-to 4. What do you need to consider when assembling a Squadron tent? Site the area as per previous instructions regarding hutchies 	8 mins
8	<p>Restate Objectives:</p> <ol style="list-style-type: none"> a. Demonstrate the erection and dismantling of the Australian Defence Force Shelter - Individual ('hutchie') including both one-person and two-person variants; b. Demonstrate the erection and dismantling of individual or two-person tents issued at Squadron level (where available). 	1 min
9	<p>Restate Reason for Learning: Learning to set up accommodation properly while in the field is essential to stay dry, warm and protected from the elements, to ensure a decent night's sleep.</p>	1 min
10	<p>Next Lesson: FCR Revision Lesson</p>	